Tips for student living: Hygiene

NICK KHATTAR STAFF DIRT BAG

There are ways to maintain good hygiene without sacrificing your booze money. Let's start with the basics. First, any time your hair is getting a little too long and you're short of funds, simply show up at your friend's house and say you will let them cut your hair drunk and blindfolded if they pay you six bucks.

Try to pick a female who has a good tolerance for booze since you are gonna have to live with this haircut for a while. But you got a haircut and can afford a Colt 45. You're set.

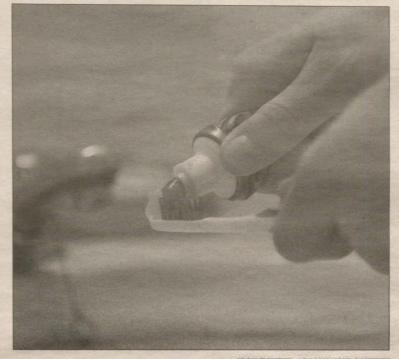
Next, shaving. There aren't many easy ways around this one. But you can grow a beard or let your leg hair grow out and let everyone assume you're a hippy. The plus side to this is that no one will think you're from Toronto and you will get much more respect.

If you're too poor to afford razors and shaving cream, there is another solution. You may have seen this technique in old Clint Eastwood movies. The ol' shave with an extremely sharp buck knife trick.

It is possible, but the learning curve is extremely steep and may result in permanent scarring. But if you have a decent buck knife, know a blacksmith who will sharpen the shit out of it, steady hands and some balls, then you're in business!

To keep those pearly whites white, or at least less yellow, tooth-brushes are easily conjured simply by showing up at any dentist's office and telling them you want to brush you teeth before your appointment. Once they hand you the brush, get out of there and don't look back.

Now toothpaste is expensive and



JOSH BOYTER / DALHOUSIE GAZETTE

Why waste booze money on toothpaste and shaving cream?

really bad for your health, but there is an alternative. Remember that box of baking soda that was in your fridge when you moved in? Well, you made the right move by not eating it for 20 bucks like your landlord suggested.

You can actually use this stuff to brush your teeth. It's not pleasant by any means, but it will get the job done. Then all you need to do is unwind some nylon rope and you have a lifetime supply of floss.

Now on to your extremities – more specifically, your fingernails. Nothing is worse than picking your nose and cutting your nostril. Best way to take care of this cheaply is

to pay no attention to friends, family and psychologists and go to town with your chompers. Bite away! And after you bite 'em off, all ya need to do is find some sandpaper (available at any construction site) and sand those badboys down. I mean, you could just go rub them on a brick wall, but you haven't reached that level...yet.

And that's it: a hygiene regimen that doesn't require giving up any of the finer things in life, like malt liquor. I hope I don't need to tell you that procuring soap, shampoo and towels merely calls for a visit to the nearest hotel at checkout time.